



## St. MARTIN'S ENGINEERING COLLEGE

Dhulapally, Secunderabad -500014

### MINUTES OF MEETING

Meeting of the Health club was held on July 19<sup>th</sup> 2017 at 10:30AM in the Board room MG Block. The following members attended:

S. No.	Name of the Faculty	Designation	Dept.	Signature
1	Ms. S. GIRIJA	Convener	T&P	
2	Mr. N. SAINATH	Member	CSE	
3	Dr. RAVI SHANKAR SAXENA	Member	ECE	
4	Ms. C.N. SANGEETHA	Member	EEE	
5	Mr. M. ASHOK	Member	IT	
6	Mr. R. SUVARNA BABU	Member	MECH	
7	Mr. V. HEMASEKHAR REDDY	Member	CIVIL	
8	Dr. RAMELLA SWAPNA	Member	S&H	
9	Ms. E. PRANAVI	Member	MBA	

#### Points Discussed:

- To explain about the diet value and benefit to health.
- To conduct awareness programmes on Nutrition, Healthy Diet.
- To organize Yoga, Aerobics, Zumba sessions to improve the Fitness of students and Staff.
- To organize seminars/Guest lectures by Doctor's on Nutritious diet.

Convener